



SLEEPING BEAUTY

SALON LIMITED

At Aurora, Eastgate Shopping Centre, Inverness & 14B Margaret Street, Inverness

Book Online at www.sleepingbeautysalon.com
or call us on **0844 445 7771 (option 3)**

Manicures & Pedicures

Prescriptive Manicure (45 min) £25.00

Our classic manicure starts with a nail analysis before hands are exfoliated and massaged, cuticles soaked and tidied, nails shaped before being polished to perfection.

Mini Manicure (15 min) £12.00

Nails are cut, shaped and finished with nail polish.

Nail Paint (10 min) £8.00

In a hurry? Nails are polished with a Jessica Custom Colour in just 10 minutes.

Zenspa Pedicure (45 min) £25.00

Your Zenspa journey starts with a revitalising aromatherapy foot soak and enzyme scrub exfoliation before nails are cut and shaped, cuticles tidied and hard skin buffed. Finally you enjoy a foot and lower leg massage before nails are polished to perfection.

Mini Pedicure (15 min) £12.00

Nails are cut, shaped & finished with nail polish.

Nail Enhancements

Gel enhancements that allow natural nails to grow healthily under the protective layer. Our gel enhancements are natural looking, strong, durable and completely safe. Available in clear, french or a choice of colours.

Calgel Nail Extensions (105 min) £55.00

Calgel Natural Nail Overlays (60 min) £36.00

Express Nails (45 min) £30.00

Infills (60 min) £36.00

Nail Repair (with infills) (15 min) £3.00

Nail Repair (in between infills) (15 min) £7.00

Gel Removal (30 min) £18.00

Calgel Pedicure (60 min) £40.00

Add Ons

French Polish (15 min) £3.00

Minx Foil Overlay (15 min) £15.00

For anyone who likes to stand out in the crowd! Minx are quick to apply, dry instantly and are available in a range of eye-catching metallic designs.

Shellac Polish (10 min) £ 5.00

Instantly dry and wears for 14 days without chipping. Please add on cost of your chosen manicure.

Shellac Removal & Reshellac (10 min) £10.00

Have your shellac safely removed and re-applied. Please add on cost of your chosen manicure.

Paraffin Wax (15 min) £ 8.00

Add a touch more luxury to your manicure with this intensely hydrating treatment.

Rhinestones (5 min) 20p each

Waxing

Is it possible to have a beautiful waxing experience? We think so! Little touches like body brushing, chilled organic rose water pads and a soothing massage ensure pain is a distant memory.

STRIP WAX - A gentle cream wax suitable for most skin types. Removes hairs as short as 5mm.

HOT WAX - Strip-less wax that shrinks wraps to remove hair as short as 1mm. Contains natural and soothing ingredients to nurture the skin leaving it soft and smooth.

Please specify which wax you would prefer when booking.

	STRIP WAX	HOT WAX
Eyebrow Shape	£8.50	£10.00
Lip or Chin Wax	£6.00	£7.50
Facial Wax	£12.00	£16.00
½ Leg Wax	£16.50	
Full Leg Wax (Incl. Bikini Line)	£28.00	
Underarm Wax	£9.00	£12.00
Bikini Line Wax	£10.00	£13.00
Brazilian Bikini Wax	£20.00	£25.00
Playboy Bikini Wax	£32.00	
Hollywood Bikini Wax	£40.00	

Waxing Package (Includes Full Leg, Brazilian & Underarm) £40.00 £48.00

Chest Wax	£20.00
Back Wax	£20.00
Chest & Back Wax	£35.00

Growth Inhibitor Treatment

After waxing a gel is applied to penetrate into the hair follicle and selectively attack the hair. Regrowth of the hair will be more and more inhibited.

Salon Treatment £7.00

Home Care Treatment Cream £17.50

Tanning

NOTE: Please bring dark, loose clothing and open-toed shoes to wear after your tanning treatment and while the tan develops.

St Tropez Spray Tan

This specially formulated UV Free treatment features a tan using a spray application in only 15 minutes, perfect for a busy schedule or a lunch hour treat. The results last from 7-10 days with the correct aftercare.

Full Body Spray Tan	£25.00
Exfoliation & Full Body Spray Tan	£35.00

Facials

Dermalogica Face Treatment (60 min) £42.00

A truly revolutionary facial customised at each step based on a face mapping analysis. The treatment will be unique to each client but will include double cleansing, exfoliation, steaming and extractions (if required), treatment masque and massage.

Power Regeneration Treatment (75 min) £46.00

A revitalising power boost combined with vitamin and hydroxy acid exfoliation, energising massage techniques that release tension in the facial muscles and Dermalogica's specialised contour masque makes this the ultimate in skin therapy for prematurely-ageing, dry or devitalised skin.

Medicated Clearing Treatment (60 min) £43.00

Breakouts have finally met their match! This facial will focus on purifying your skin with deep cleansing, followed by extractions.

Express Treatment (30 min) £23.00

A skin care lesson including face mapping skin analysis, double cleansing, exfoliation and a customised Dermalogica masque.

Eyes

***NOTE: A patch test is required 24 hrs before any tinting treatments.**

Eyebrow Shape £8.50

Eyelash Tint* £9.50

Eyebrow Tint* £8.00

Eye Package* £21.00

Includes Eyelash & Eyebrow Tint, Eyebrow Shape & Puffy Eye Pack.

Party Lashes £15.00

Cluster lashes available in 3 different lengths. Will last 3-5 days with correct aftercare.

Eye Slices £10.00

These dermal delivery eye masks reduce the appearance of red eyes, dark circles, tired and puffy eyes. Also available as an add on to a facial.

Dermalogica Revitalising Eye Rescue £20.00

Firm, tone and revitalise tired eyes with our unique blend of vitamin therapies and firming botanicals.

Make-Up

Special Occasion Makeover (30 min) £25.00

Let us do all the work! Relax while we create a picture perfect make-up for your special occasion.

Make-up Lesson (60 min) £35.00

A valuable step by step lesson in application and make-up styles to show you how to re-create your new day-to-evening looks. Includes cleansing, priming and skin colour analysis to determine the perfect match for skin colour and type. Emphasis is placed on adaptation for your own lifestyle and routine at home. A colour chart will be provided to help you recreate the look.

Weddings

Take some of the stress out of your big day and let us make you look fantastic!

Trial & Bridal Make-up in salon £60.00

Wedding Day Makeover (no trial) £30.00

Body Treatments

Salt Scrub Body Treatment (45 min) £30.00

Completely customised to either energise or reduce stress, this Mineral Salt Scrub therapy polishes skin to a soft glow while providing critical hydration.

Organic Sugar Body Polish (45 min) £30.00

Pure Lochside's delicious Organic Sugar Body Scrub, with sweet scented benzoin, organic macadamia and mandarin, is expertly massaged into the body and feet for a deep exfoliation to brighten, smooth and invigorate followed by an application of organic body balm. Skin is left soft, nourished, deliciously scented and glowing.

Massage

Traditional Aromatherapy Massage

Our ever popular Swedish massage using aromatherapy oils.

Face, Neck & Shoulder Massage (30 min) £27.00

Back, Neck & Shoulder Massage (30 min) £27.00

Full Body Massage (60 min) £45.00

Deep Tissue Massage

This massage works deeper than our traditional massage using gentle stretches to relieve muscular aches and pains.

Back, Neck & Shoulder Massage (30 min) £30.00

Full Body Massage (60 min) £48.00

Serenity Warm Oil Massage

A soothing and deeply relaxing massage using gently warmed aromatherapy oils.

Back, Neck & Shoulder Massage (30 min) £29.00

Full Body Warm Oil Massage (60 min) £47.00

Paraffin Wax Back Pack £10.00

Applied prior to your massage this muscle-warming pack will draw out toxins and relieve tension.

Reflexology (45 min) £32.00

A gentle therapeutic foot treatment incorporating pressure points that mirror the body's key systems. This is an ancient healing art bringing soothing relief in modern times.

Packages

Beauty Experience £35.00

Great for new clients. Includes a Mini Manicure, followed by a relaxing Mini Facial and finished with a Mini Makeover.

Pick & Mix £35.00

Back by popular demand! Choose 3 of our mini treatments to enjoy a customized hour of therapies. Choose from Mini Manicure, Mini Pedicure, Mini Facial, Mini Massage or Mini Makeover.

Relaxing Retreat £45.00

Our most popular gift package! Includes an Aromatherapy Back, Neck & Shoulder Massage, Mini Pedicure & Mini Manicure.

Spa Indulgence £65.00

Take some time out to de-stress! Enjoy a Back, Neck & Shoulder Massage, Express Facial & Pedicure.

